_		Five Core Competencies					ject Ma			Required	E Ele		Version 2		Z	E Level 1	R Ice Breaker
Level	ber	1 Public Speaking	DL	EC	EH		IP	LD	MS	PI	РМ	SR	тс	VC	PWMENTORPGM # of Speech Project description https://bit.lv/mergeEN Refer to full and latest version in your Base Camp.	Level 2	R
ity L	Project Number	<ul> <li>2 Interpersonal Communication</li> <li>3 Strategic Leadership</li> <li>4 Management</li> <li>5 Confidence</li> </ul>	Dynamic	Effective	Enga	aging	Innovative	Leadership	Motivational	Persuasive	Presentation	Strategic	Team	Visionary	AENTORP Speech at descripti //bit.ly/m //bit.ly/m bit.version t version Base Ca	Level 2 Level 4	R
selc	t Ct	ថ 3 Strategic Leadership	Leadership				Planning		Strategies	Influence	Mastery	Relationships	Collaboration		ENT Spe t des //bit. //bit. t o f t ver		R
Com	roje	Management       Oc       S       Confidence	1236			16	1425	1245	<b>600</b> 0	0825	06	0000	<b>6</b> 000	0825	PWM # of S <u>Project</u> <u>https://</u> Refer latest your E		R Reflect on Your Path
-		Ice Breaker	R	R	R		R	R	R	R	R	R	R	R		•	urself (humorous, informational, etc.) a
-		Evaluation and Feedback	R	R	R		R	R	R	R	R	R	R	R			aluation speech. Present a speech on an
	8102	Researching and Presenting	R	R	R		R	R	R	R	R	R	R	R	>		ish to learn more (specific, well-organized
Ű	8207	Understanding Your Leadership Style	R	R			R	R		R		R	R	R	1 5-7-min spee	ch to share some aspect of you	r or in general leadership style(s). Iden
2 3F		Understanding Your Communication Style	R	R					R		R			R	1 5-7-min spee	ch on your communication styl	e and impact relationships. Learn about
vel		Introduction to Toastmasters Mentoring	R	R	R		R	R	R	R	R	R	R	R	<u>a</u> .	,	e a protégé and share the impact and im
Le		Managing Time						R							0		p speech, record time required for each
2-		Cross-Cultural Understanding Active Listening	L3 E	13 E	1.2	E	13 E	13 E	R	R	13 E	R E	R	13 E			bact of the stereotypes. Identify your ow thers say by serving as Topicsmaster an
		Connect with Your Audience	L3 E	L3 E	R	L	R	L3 E	IS E		E	L3 E		L3 E			familiar to the majority of your audience
		Effective Body Language	L3 E	L3 E	1.3	E	L3 E	L3 E	L3 E	L3 E	R	L3 E	L3 E	L3 E		•	eness of your intentional and unintentio
		Know Your Sense of Humor	L3 E	L3 E	R		L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E			ne anecdote or story intended to enterta
	8307	Negotiate the Best Outcome	L3 R												1 5-7-min spee	ch in any style on a past or fut	ure negotiation in your life that you are
		Reaching Consensus		L3 R											1 20-min conse	nsus practice at a club meeting	g + 2-3-min closing statement OR 5-7-n
		Engage Your Audience with Humor			L3	R									· · ·	3 3	with applying their style of humor. Use
		Present a Proposal					L3 R										osal. Develop a proposal to improve any
		Planning and Implementing				_		L3 R								. ,	xperience. Develop a small-scale projec
		Understanding Emotional Intelligence							R						· · ·		maintaining journal at least 2 weeks. U
E .		Understanding Conflict Resolution Persuasive Speaking				_				L3 R	L3 R				· · ·		aging conflict, developing stronger strate oken persuasively. Identify types of pers
inim		Successful Collaboration													· · · ·	,	your perceptions of the experience of wo
Е Ш		Develop a Communication Plan												13 R			ing (process, benefits or impact). Plan of
N.		Make Connections Through Networking	L3 E	L3 E	1.3	E	L3 E	L3 E	L3 E	13 E	13 E	13 R	L3 E	L3 E			ng informational. Develop and practice b
Ħ		Connect with Storytelling	L3 E	L3 E	L3	E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E			ory about your life or a fictional tale you
<u>۳</u>	8301	Creating Effective Visual Aids	L3 E	L3 E	L3	E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	1 5-7-min spee	ch on topic that lends itself we	Il to using 1-3 visual aids. Practice selec
eve	8302	Deliver Social Speeches	L3 E	L3 E	L3	E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	2 Two 3-4-min	different types of social speech	es (a toast, a eulogy, an acceptance spe
2	8304	Focus on the Positive	L3 E	L3 E	L3	E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	1 2-3-min repo	rt or 5-7-min speech to share s	some aspect of your experience on at lea
		Inspire Your Audience	L3 E	L3 E	L3	E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	1 5-7-min spee	ch on a topic with the intent of	inspiring your audience to practice writ
		Prepare for an Interview	L3 E	L3 E	L3	E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E			a club meeting to practice the skills nee
		Understanding Vocal Variety	L3 E	L3 E	L3	E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E		, , , ,	ig vocal variety to enhance a speech.
		Using Descriptive Language	L3 E	L3 E	L3	E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	· · ·	, , , ,	ing a speech with an emphasis on addin
33		Using Presentation Software Meeting Role Requirements	L3 E	L3 E	1.3	E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	L3 E	· · · ·		bed on topic (humorous, demonstrative,
	_	Manage Change	1.4		1.5		1.0										Topicsmaster at least once each to com plan and benefit you and group change
		Improvement Through Positive Coaching		1.4	R										· · ·		erience on coaching an individual (speak
		The Power of Humor in an Impromptu Speech			1.4	R											ng on the topics chosen randomly by Toas
_	8405	Leading Your Team						L4 R									perience on leading a 2-4-people team
unu	8411	Motivate Others							L4 R				L4 R		1 5-7-min spee	ch about experience on buildin	g and motivating a 3-4-people team to
ninir	8404	Leading in Difficult Situations								L4 R					2 5-7-min spee	ch to share a detailed project p	lan, 2-3-min discussion of possible dism
μĻ	8401	Communicate Change												L4 R			or communicating change with evidence
LR+		Manage Projects Successfully	L4 E	L4	<b>E</b> 1.4	E	L4 R	L4 E	L4 E	L4 E	L4 E	L4 E	L4 E	L4 E	2 2-3-min spee	ch about plan, 5-7-min speech	in any style reflects experience. Build 3
 ব		Managing a Difficult Audience	L4 E	L4	E L4	E	L4 E	L4 E	L4 E	L4 E	14 R	L4 E	L4 E	L4 E	· · ·	, , .	Assign roles to play. Respond to disrupt
, el		Public Relations Strategies	L4 E	L4	E 14	E	L4 E	L4 E	L4 E	L4 E	L4 E	14 R	L4 E	L4 E			etical plan to promote awareness of an
Le		Building a Social Media Presence Create a Podcast		- 1.4	E 1.4	E	L4 E	L4 E	L4 E	L4 E	L4 E	L4 E	L4 E	LA E			ience and benefits of social media prese
		Manage Online Meetings		1.4	E 1.4	E	L4 E			L4 E		L4 E				· · ·	nd play 5-10-min segment. Create inter ar with visual aids. Research and use so
		Question-and-Answer Session		14	E 14	E	14 E	14 E	14 E	14 E	14 E	14 E		14 E			20-min. Prepare to answer questions cle
43		Write a Compelling Blog	14 E	1.4	E 14	E	14 E	1.4 E	14 E	14 E	14 E	14 E	14 E	14 E	· · ·	- ,	xperience. Maintaining a blog and postir
		Lead in Any Situation	L5	2		-	_	보					LS R	<u> </u>			as a leader and/or the impact of the 36
Ε		Deliver Your Message with Humor			L5	R		ner	ß	ø		s		iti			u may choose to use visual aids, Approva
nimu	8507	Manage Successful Events	di l	6 u		5	ing	LS UN R	ategie:	u č	tery	Iships	ation	j			planning, team and organization. Plan
E mit		Team Building	lership	Coaching		Humo	un de la companya de		us ti R	nfluen	asi	u v		munication			eech after event on impact of event, lea
R+1E	8501	Develop Your Vision	Lead	0a		Ŧ	PIa	De l	Str	Inf	Σ	ation	poq	LS E R	2 Two 5-7-min	speeches (1:explain vision and	2: plan for vision). Develop a detailed
Ŧ		High Performance Leadership	L5 7 E		<b>R</b> 1.5	aging <sup> </sup>	15 🖉 R	15 a E			entation	LIS B E	Collabo	S Ω E			lete). Select, lead and complete a proje
el 5		Prepare to Speak Professionally	Dynamic Bramic	Effective	E L5	6 E	ati E	LS IS E	ation	asi e	nta 🛛	LS U E		LS <u>A</u> E			xemplify the point of view or message
eve		Leading in Your Volunteer Organization		Le J	E 1.5	E E	o E	e e e		LS D E	E S S	R	Eam	E E			in a leadership role for at least 6 month
		Ethical Leadership		ш.	E 1.5	- E		E B	Moti	<b>De</b>	L L L L L L L L L L L L L L L L L L L	Strat	Ĕ Ĕ				discussion on ethical framework follow
(63=1).		Lessons Learned Moderate a Panel Discussion		1.5	E 1.5	E	15 E	E E		E	E	U E	LD E				meeting of your ongoing or completed
	_	Reflect on Your Path (After completing L1-5)			R												ion of any topic to practice facilitating. I your growth on completing a path. Sum
	0.10	Reference on Your Fach (Arter completing E1-5)		- 0		2		- 10	<b>W</b>	-63 -	- 💋 🛰	- <b>(</b>			1 10-12-11111 5	secon or any style reliecting OII	your grower on compressing a path. Sull
δ	8311	Prepare to Mentor (After L1 and L2 of any path	) Path	ways Me	entor Pr	ogram	Project 1	/3							R 0 No speech. C	arify your personal goals and i	nterests related to Mentoring. Meet with
/MENT OR PGM	8410	Mentoring (After Project 8311)				-	Project 2								· ·		a mentor. Work with a protégé to comp
MEN		Advanced Mentoring (After Project 8410)	Path	ways Me	entor Pr	ogram	Project 3	3/3							R 1 5-7-min spee	ch on what you have gained as	a mentor. 6-month mentoring commitr
	U I	Pathways Mentor Designation													- Submit the P	athways Mentor award after co	npleting Pathways Mentor Program and
Σ	8599	Distinguished Toastmaster (Email educationaw DTM Award	ards@toa	stmaste	rs.org a	after co	mpleting	Levels 1, 2	and 3 of	the second	d path.)				R 2 5-7-min spee	ch (Plan), 8-10-min speech (Re	eview). Select, lead & complete a projec
5	2	DTM Award															club officer and district officer for 1 year
	• •	ve projects are available for paths in print: 8300, 83			5	LD PM	PWMENT	ORPGM: Pi	inted ma	terials ava	ailable in la			Tamil and			n merged https://bit.ly/mergeEN
								Printed ma									on is available at https://r

		_	Level 1	R	Ice Breaker				
Camp.		mun	Level 2	R		R			
Car	Path:	mini	Level 3	R		Е			
Base	Pa	ects	Level 4	R		Е			
E B	<b>_</b>	Projects	Level 5	R		Е			
your	Σ	14	Path Completion	R	Reflect on Your Path	This			
peech of any topic to introduce yourself (humorous, informational, etc.) and learn the									
nin prepared speeches and one evaluation speech. Present a speech on any topic, rec									
beech on topic not familiar with or wish to learn more (specific, well-organized and well-re									
peech to share some aspect of your or in general leadership style(s). Identify your pr									
peech on your communication style and impact relationships. Learn about different st									
peech about a time when you were a protégé and share the impact and importance of									
peecl	eech on any topic. As you develop speech, record time required for each task. Obser								

-7-min speech about your cultures and impact of the stereotypes. Identify your own cultures emonstrate your ability to listen to what others say by serving as Topicsmaster and com -7-min speech on a topic that is new or unfamiliar to the majority of your audience. Pract -7-min speech. Deliver a speech with awareness of your intentional and unintentional boo -7 min speech on any topic with at least one anecdote or story intended to entertain or be -7-min speech in any style on a past or future negotiation in your life that you are a part 0-min consensus practice at a club meeting + 2-3-min closing statement OR 5-7-min spe -7-min speech revolving a central message with applying their style of humor. Use at least 7-min speech on entire or aspects of proposal. Develop a proposal to improve any area -3-min report or 5-7-min speech on your experience. Develop a small-scale project and ir -7-min speech on tracking your emotion by maintaining journal at least 2 weeks. Underst -7-min speech in any style to discuss managing conflict, developing stronger strategy and -7-min speech on any topic that can be spoken persuasively. Identify types of persuasive -7-min speech on you, your learning, and your perceptions of the experience of working -7-min speech on your experience of planning (process, benefits or impact). Plan can be -7-min speech personal to you or networking informational. Develop and practice building 7-min speech of an established story, a story about your life or a fictional tale you create -7-min speech on topic that lends itself well to using 1-3 visual aids. Practice selecting ar wo 3-4-min different types of social speeches (a toast, a eulogy, an acceptance speech, a -3-min report or 5-7-min speech to share some aspect of your experience on at least 2 w -7-min speech on a topic with the intent of inspiring your audience to practice writing and -7-min role-play interview presentation at a club meeting to practice the skills needed to

-7-min speech on any topic to practice writing a speech with an emphasis on adding lang -7-min speech using the slides you developed on topic (humorous, demonstrative, or info rve as speech evaluator, Toastmaster and Topicsmaster at least once each to complete -7-min speech in any style on overview of plan and benefit you and group change affects -7-min speech in any style about your experience on coaching an individual (speak with wo 2-3-min speeches in the same club meeting on the topics chosen randomly by Toastmaste -7-min speech in any style about you or experience on leading a 2-4-people team to com -7-min speech about experience on building and motivating a 3-4-people team to comple -7-min speech to share a detailed project plan, 2-3-min discussion of possible disruptions -7-min speech to communicate your plan for communicating change with evidence to sur -3-min speech about plan, 5-7-min speech in any style reflects experience. Build 3-4 peo -7-min speech (new or past) on any topic. Assign roles to play. Respond to disruptive aud -7-min speech to share your real or hypothetical plan to promote awareness of an organized -7-min speech to share your results, experience and benefits of social media presence the -3-min speech to introduce your podcast and play 5-10-min segment. Create interesting onduct 20-25-min online meeting or webinar with visual aids. Research and use software -7-min speech and Q&A session totally 15-20-min. Prepare to answer questions clearly, c -3-min speech on impact of the blogging experience. Maintaining a blog and posting at le 10-min speech of any type on experience as a leader and/or the impact of the 360° eval -22-min keynote style humorous speech. You may choose to use visual aids, Approval neede -7-min speech of any style about impact on planning, team and organization. Plan, coordi -3-min report before event and 5-7-min speech after event on impact of event, leading of wo 5-7-min speeches (1:explain vision and 2: plan for vision). Develop a detailed vision wo 5-7-min speeches (1: plan and 2: complete). Select, lead and complete a project with 2-22-min of any style of keynote speech. Exemplify the point of view or message you wou -7-min speech to reflect experience. Serve in a leadership role for at least 6 months in TI rganizing and moderating 20-40-min panel discussion on ethical framework followed by 7-min speech. Facilitate a lessons learned meeting of your ongoing or completed project an and moderate 20-40-min panel discussion of any topic to practice facilitating. If outside 0-12-min speech of any style reflecting on your growth on completing a path. Summarize

o speech. Clarify your personal goals and interests related to Mentoring. Meet with VPE to -7-min speech on what you have learnt as a mentor. Work with a protégé to complete a -7-min speech on what you have gained as a mentor, 6-month mentoring commitment, c ubmit the Pathways Mentor award after completing Pathways Mentor Program and an ent -7-min speech (Plan), 8-10-min speech (Review). Select, lead & complete a project that

Ibmit award after completing: two paths; club officer and district officer for 1 year; club mentor or coach; club sponsor or Speechcraft or Youth Leadership program; DTM project.

Prepared by Masayo Arai, MS5 D76 Pathways Guide, in collaboration with Aaron Leung, DTM, EH5, (completed all 11 paths), PWMENTORPGM x 3, D70 Pathways Advisor, D89 Div. H Director, D118 Div. H Direct

1	R	Evaluation & Feedback		Researching & Presenting					
	R		R	Introduction to TM Mentoring					
	Е		Е						
	Е								
	Е								
This project is accessible after all levels 1 through 5 have been completed.									
	n the basic structure of a public speech.								
	c, receive feedback, and apply the feedback to a second speech.								
	ell-researched). Learn, review, refine research methods using worksheets.								
	ur primary leadership style(s) using Discover Your Leadership Style questionnaire.								
	nt styles and identify your style using Discover Your Communication Style questionnaire. the of having a mentor. Clearly define how Toastmasters envisions mentoring.								
	beerve your own time management patterns. Submit Project Completion Form to VPE.								
	ral identities and stereotypes that impact others' perceptions of you.								
n	nent	on each speaker's Table Topics speech a	it a	club meeting.					
t	tice the skills needed to connect with an unfamiliar audience.								
c	dy la	nguage. Learn, practice, and refine how	you	use nonverbal communication.					
•		numor into your presentation.							
		eflect on the strategies you used or you							
		n any style - Leading non-TM group towa							
		e anecdote/story intended to entertain/b Ir life. If a proposal is for TM club, talk w							
		ment plan with or without help from othe							
		your own and others' emotions. Submit F							
		t attributes in a conflict situation. A conf	-						
		ech. If done outside club, VPE's approval							
		a small team to make a collaborative dec							
è	any e	event either real or hypothetical. Practice	de	veloping a communication plan.					
5	g con	nections through networking event. Proje	ect (	Completion Form if non-TM event.					
•	e. Pra	actice using a story within a speech or give	ving	a speech that is a story.					
		ing a variety of visual aids during a spee							
	-	ech praising an individual or group) at tw							
		of recording your moods and attitudes.	Sub	mit Project Completion Form to VPE.					
		vering a speech that inspires others.		h or expert interview					
	pres	ent yourself well in an interview such as	a ]0	or expert interview.					
	uade	to increase interest and impact.							
	-	ional) that lends well to a visual present	atio	n using technology.					
	evel	, .							
	. Cre	eate a management plan for past, future	or ł	hypothetical change in your life.					
١	/PE t	o choose TM or non-TM member) throug	h a	project outside of TM club meeting.					
		n "Impromptu speech topic resource". Incl							
	-	a project. With VPM and VPPR to choose							
		project that benefits your club. Develop							
		ng members and impromptu speech on a							
		The change may be real or hypothetical eam, develop rapport with stakeholders a		, , ,					
	•	eam, develop rapport with stakeholders a e in calm, effective and professional mar							
		n. Talk with VPPR and President on your							
		establishing or enhancing, e.g. Blog, SN	-						
	-	ent and organize a cohesive program tota							
		fits best. If outside club, VPE's approva							
		ely and with confidence on a topic you a							
2	ast e	ight times in one month. Blog can be ne	w o	existing. Project Completion Form.					
Í	uatio	n. Serve as an any level of leader 6+ mo	onth	is. Peers to your 360° evaluation. $\star$					
ed by VPE in advance if you may present your speech to a non-TM audience.									
	inate and complete an event of your choice. *								
	r team. Work with a small team to design and host a team-building event. *								
	and establish a plan to implement it. Submit Project Completion Form to VPE.								
	I defined goals with a team (3+ members). Form and meet with committee 5+ times. ★ uld convey as a professional level speaker. If for non-TM group, get VPE's approval.								
	In convey as a professional level speaker. If for non-IM group, get VNE's approval. ✓ or other volunteer organization. Create succession plan for transition. ★								
	Q&A session. Provide discussion opportunity on ethics to organization or community.								
	team. Record meeting results. Team members complete 360° evaluation of leader. *								
	de TM club meeting, get approval and submit Project Completion Form to VPE.								
	e skills you have learned, developed. Celebrate your achievements at the end of path.								
0	o discuss your readiness to mentor. Submit Project completion form to VPE.								
F	project (VPE pairs you with protégé), set goals and develop a plan to help protégé.								
-	communicate regularly with protégé, record meeting dates and times and giving feedback.								
1	ire path.								
,	benefits an organization with a team. Peer 360° evaluation by team & organization. $\star$								
t	- und								

luation resources https://bit.lv/eval-EN ★: These projects require a team. DL SR TC DTM: Printed materials available in English only LD PM EC VC: Online paths available in Tamil and Korean Latest version is available at https://musashiurawa.toastmastersclubs.org/pathways.html